**U5U6 essentials**

**Theme1 Unforgettable travel to Beijing**

[vocabulary]

|  |  |  |  |
| --- | --- | --- | --- |
| newbie/noob | =*newcomer* | bountiful | 巨大的；慷慨大方的 |
| panoramic | *the whole picture of*… | vigor | *energy* |
| IG spot | 网红打卡地 | go big or go home | 不鸣则已，一鸣惊人 |
| authentic | *original and real* | insane | *crazy* |
| rides | 游乐园中的项目 | vocation | 职业（易混vacation） |

**Theme2 Let’s talk about travel**

[vocabulary]

|  |  |  |  |
| --- | --- | --- | --- |
| hit the bar/beach | *slang. go to the bar…* | dramatic | *very impressive and unforgettable* |
| cosmopolitan | 世界性的；见识广的 |
| cuisine | *French word.* 烹饪，料理(Cantonese… etc.) | stunning | *very very impressive or attractive* |
| touristy | *a.*专为游客设计的（指充满了商业气息的） |  |  |

**Theme3 How to order food at a restaurant?**

[Dialogue chips]

(1) Party of how many? Two please.

(2) A booth or a table? A table for two, please.

(3) A diet coke, please. (*Refer to “0 calorie coke”*)

(4) Can I take your order? Not yet. / We need another minute.

(5) What would you recommend? / What do you have? / What’s the special today?

(6) starter (*dishes before the main course*)

(7) entrée or main course (*the main dish of the meal*)

(8) How would you like your steak done? (*Blue / Rare / Medium rare / Medium / Medium well / Well done*)

(9) Can I get this to go? / Check please!

***Attention****: To be polite, always use words like “can I”, “please”, etc.*

[Menu]

|  |  |  |  |
| --- | --- | --- | --- |
| Caesar salad | 凯撒色拉 | pasta | 意面 |
| ribs | 猪肋排 | sunny side-up | 单边煎蛋 |
| lamb | 羊排 | scrambled eggs | 炒蛋 |
| chicken steak | 鸡排 | over easy | 溏心蛋 |
| seafood | 海鲜 | hard boiled | 水煮蛋 |
| omelets | 蛋饼 | ketchup | 番茄酱 |
| York cake | 蛋黄酥 | mashed potatoes | 土豆泥 |
| yam | 淀粉类的食品 | sweat potatoes | 红薯 |
| Chinese yam | 山药 | poutine | 肉汁奶酪薯条 |
| brownie | 巧克力蛋糕 | gluten | 麸质 |

**Theme4 Let’s do sports**

[vocabulary]

|  |  |  |  |
| --- | --- | --- | --- |
| aerobic | 有氧健身操 | pull up | 引体向上 |
| cardio | 有氧运动 | hurdle | 跨栏 |
| sprint 50m | 50m 冲刺跑 | sit and reach | 坐位体前屈 |
| final | 决赛 | jargon | 行话(term) |
| semifinal | 半决赛 | mechanism | 机制，规定 |
| a slip of the tongue | 口误 | communal | 集体的 |
| stroke | 脑卒中，中风 | diabetes | 糖尿病(*Not pl.*) |